Safe Sitter® Essentials with CPR is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!

**CLASS CONTENT**

**SAFETY SKILLS**
Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

**CHILD CARE SKILLS**
Child Development • Child Care Duties • Behavior Management

**FIRST AID & RESCUE SKILLS**
Injury Prevention • First Aid and Injury Management • Choking Rescue • CPR

**LIFE & BUSINESS SKILLS**
Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

**CLASS INFORMATION**

Santa Clara County Fire Department
Fire Prevention Classroom
16795 Lark Avenue, Suite 104 • Los Gatos CA, 95032

Saturday • April 25, 2020
9:00 am - 3:30 pm

TO REGISTER: contact one of the following Recreation Centers
Campbell Recreation Center • 408.866.2104
Cupertino Recreation Center • 408.777.3120
Los Altos Hills Parks & Recreation • 650.941.7222
Los Gatos Saratoga (LGS) Recreation Center • 408.354.8700
Saratoga Recreation Department • 408.868.1249

*Bring a sack lunch