



HANDS ONLY CPR & AED 2020



Research confirms immediate bystander 'compressions only' CPR increases cardiac arrest survival rates.

In this **FREE 90-minute** class, you will learn:



Chest Compressions



Automated External Defibrillator (AED)



Help someone who is choking

Participants do not receive a 2-year CPR/AED certification card. To find a certification class, visit:

- www.sccfd.org
- www.redcross.org
- www.heart.org

DATE	LOCATION	TIME
January 8 Wednesday	Campbell Community Center 1 W. Campbell Avenue, Campbell	6:00 - 7:30 p.m.
January 15 Wednesday	Los Altos Hills Town Hall 26379 Fremont Road, Los Altos Hills	6:00 - 7:30 p.m.
February 26 Wednesday	Cupertino Community Hall 10350 Torre Avenue, Cupertino	6:00 - 7:30 p.m.
March 25 Wednesday	Saratoga Senior Center 19655 Allendale Avenue, Saratoga	6:00 - 7:30 p.m.
April 30 Thursday	Los Altos United Methodist Church 655 Magdalena Avenue, Los Altos	6:00 - 7:30 p.m.
May 20 Wednesday	LG/MS Police Operations Building 15900 Los Gatos Blvd., Los Gatos	6:00 - 7:30 p.m.
June 24 Wednesday	Quinlan Community Center - Cupertino Rm 10185 N. Stelling Road, Cupertino	6:00 - 7:30 p.m.
July 22 Wednesday	Campbell Community Center 1 W. Campbell Avenue, Campbell	6:00 - 7:30 p.m.
August 27 Thursday	Los Altos United Methodist Church 655 Magdalena Avenue, Los Altos	6:00 - 7:30 p.m.
September 2 Wednesday	Saratoga Senior Center 19655 Allendale Avenue, Saratoga	6:00 - 7:30 p.m.
October 7 Wednesday	LG/MS Police Operations Building 15900 Los Gatos Blvd., Los Gatos	6:00 - 7:30 p.m.
November 4 Wednesday	Los Altos Hills Town Hall 26379 Fremont Road, Los Altos Hills	6:00 - 7:30 p.m.
December 9 Wednesday	Campbell Community Center 1 W. Campbell Avenue, Campbell	6:00 - 7:30 p.m.

Register on [Eventbrite.com](https://www.eventbrite.com)



SANTA CLARA COUNTY FIRE DEPARTMENT • (408) 378-4010 • www.sccfd.org

Classes are open to individuals who live or work within the communities served by SCCFD: Campbell, Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Saratoga and the unincorporated surrounding areas.