A Good Place to Start

Resources for Older Adults in Santa Clara County

211 Santa Clara County
Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages.

24 hours a day, 7 days a week
dial 2-1-1
www.211bayarea.org

Department of Aging and Adult Services
(408) 755-7600
www.sccgov.org/daas

Adult Protective Services
(408) 975-4900
24-Hour Report Line: (800) 414-2002

In-Home Supportive Services
(Medi-Cal eligibility required)
(408) 792-1600

Public Administrator/Guardian/Conservator
(408) 755-7610

Senior Nutrition Program
(408) 755-7680

Seniors' Agenda
(408) 755-7600
www.agefriendlysiliconvalley.org

Sourcewise provides education, expertise, and quality support services to all seniors in Santa Clara County.

(408) 350-3200
www.mysourcewise.com

Revised 2019
**Caregiver Support**

- Alzheimer’s Association  
  (800) 272-3900  
  www.alz.org/norcal
- Family Caregiver Alliance  
  (800) 445-8106  
  www.caregiver.org
- VA Caregiver Support  
  (855) 260-3274  
  www.caregiver.va.gov

**Legal**

- Law Foundation of Silicon Valley  
  (408) 293-4790  
  www.lawfoundation.org
- Senior Adults Legal Services (SALA)  
  (408) 295-5991  
  www.sala.org

**Food**

- Senior Nutrition Program  
  (408) 975-4860  
  www.sccgov.org/snp
- Meals on Wheels  
  (408) 350-3246  
  www.mysourcewise.com/meals-wheels
- Second Harvest Food Bank  
  (800) 984-3663  
  www.shfb.org/get-food

**Elder Abuse**

- Adult Protective Services  
  (408) 975-4900  
  www.sccgov.org/sites/ssa/daas/aps
- Long Term Care Ombudsman  
  (408) 944-0567  
  www.catholiccharitiesscc.org

**Counseling**

- Catholic Charities Older Adult Behavioral Health Service  
  (408) 325-5127  
  www.catholiccharitiesscc.org
- Behavioral Health Services - SCC  
  (800) 704-0900 / (408) 885-5673  
  www.sccgov.org/sites/bhd
- Veteran’s Administration Mental Health: (800) 455-0057  
  Psychiatry: (650) 493-5000  
  www.paloalto.va.gov
- Friendship Line - 24/7  
  (800) 971-0016

**Transportation**

- Heart of The Valley Services for Seniors  
  West Santa Clara Valley  
  (408) 241-1571  
  www.servicesforseniors.org
- R.Y.D.E.  
  Campbell, Cupertino, Los Gatos, Saratoga, Monte Sereno  
  (408) 892-9739  
  www.sascc.org/ryde
- Get’n Around Town Program  
  Morgan Hill  
  (408) 310-4254 or (408) 310-4255  
  www.eltorosc.com/transportation
- VTA Customer Service  
  (408) 321-2300  
  www.vta.org
- Avenidas Door To Door  
  North County  
  (650) 289-5411  
  www.avenidas.org

**Specific Populations**

- Asian Americans for Community Involvement (AACI)  
  (408) 975-2730  
  www.aaci.org
- Billy DeFrank LGBTQ Community Center  
  (408) 293-3040  
  www.defrankcenter.org
- India Community Center  
  (408) 934-1130  
  www.indiacc.org
- Indian Health Center  
  (408) 445-3400  
  www.indianhealthcenter.org
- Jewish Family Services of Silicon Valley  
  (408) 556-0600  
  www.jfssv.org
- Portuguese Organization for Social Services and Opportunities (POSSO)  
  (408) 293-0877  
  www.portuguesecenter.org
- Vietnamese Voluntary Foundation  
  (408) 532-7755  
  www.vivousa.org
- Yu-Ai-Kai  
  (408) 294-2505  
  www.yuaikai.org
- Korean American Community Services  
  (408) 920-9733  
  www.kacssv.org