

HANDS ONLY CPR/AED and CHOKING CLASS 2019



Research confirms immediate bystander 'compressions only' CPR increases cardiac arrest survival rates.

FREE 90-minute class will teach 'compressions only' CPR, how to use an Automated External Defibrillator (AED), and help an adult or child who is choking.



Compressions



AED



Choking

DATES	LOCATIONS	TIME
January 23 • Wednesday	Los Altos Hills Town Hall 26379 Fremont Road, Los Altos Hills	6:00 - 7:30 p.m.
February 20 • Wednesday	Cupertino Community Hall 10350 Torre Avenue, Cupertino	6:00 - 7:30 p.m.
March 20 • Wednesday	LG/MS Police Operations Building 15900 Los Gatos Blvd., Los Gatos	6:00 - 7:30 p.m.
April 16 • Tuesday	Saratoga Senior Center 19655 Allendale Avenue, Saratoga	6:00 - 7:30 p.m.
May 15 • Wednesday	Campbell Community Center - Rm Q80 1 W. Campbell Avenue, Campbell	6:00 - 7:30 p.m.
June 5 • Wednesday	Grant Park - Multi Purpose Room 1575 Holt Avenue, Los Altos	6:00 - 7:30 p.m.
July 17 • Wednesday	Los Altos Hills Town Hall 26379 Fremont Road, Los Altos Hills	6:00 - 7:30 p.m.
August 14 • Wednesday	Quinlan Community Center - Social Rm 10185 N. Stelling Road, Cupertino	6:00 - 7:30 p.m.
September 18 • Wednesday	LG/MS Police Operations Building 15900 Los Gatos Blvd., Los Gatos	6:00 - 7:30 p.m.
October 15 • Tuesday	Joan Pisani Community Center 19655 Allendale Avenue, Saratoga	6:00 - 7:30 p.m.
November 6 • Wednesday	Campbell Community Center - Rm Q80 1 W. Campbell Avenue, Campbell	6:00 - 7:30 p.m.
December 4 • Wednesday	Grant Park - Multi Purpose Room 1575 Holt Avenue, Los Altos	6:00 - 7:30 p.m.

Register on [Eventbrite.com](https://www.eventbrite.com)

Participants do not receive a two-year CPR/AED certification card.

To find a Heartsaver CPR certification class, visit www.sccfd.org / www.redcross.org / www.heart.org



Training provided by:

Santa Clara County Fire Department • 408.378.4010 • www.sccfd.org

Classes are open to individuals who live or work within the communities served by SCCFD: Campbell, Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Saratoga and the unincorporated surrounding areas.